



# Malay Fighting Arts

## ***Newsletter***

**July, 2009**

### **International Combatives Self Defense Association:**

If you're wondering why you should join the ICSDA, let me break it down for you. By being a member of the MFA Academy and our Association will give you a great system at a low price. It will also prepare you to go out and teach others like civilians, security personnel, correctional personnel, Police Officers, SWAT Teams, Military Personnel, and more without hurting your wallet like most well known instructors. Not only will you not go broke in our academy, you'll also save a lot of money on training with other instructors of Combatives Training. You can learn to be one of the best Combatives Instructors with one the best Combatives Association out there.

What Kind of saving are we talking about? Let say you want to be a student member of ICSDA, what would that cost?

#### **Student Membership:**

*Student Membership is available for individuals who are currentl students of one of the official ICSDA courses of study or an ICSDA recognized instructor. Student members receive the following benefits.*

#### **Benefits of Membership:**

- *The "Combatant" E-Zine*
- *25% discount on tuition for ICSDA endorsed events.*
- *Access to the ICSDA member only forum located at [MartialWarrior.com](http://MartialWarrior.com)*
- *Access to wholesale prices on training gear and equipment.*

#### **Cost of Membership:**

*\$25.00 First Years membership*

*\$10.00 Annual Renewal or*

*\$100.00 Lifetime Membership*

As a member of MFA Association, you join for free. Now, that's a savings of 50% by joining a school you was going to join any ways. Not only did you save money by joining the MFA Academy, but you continue to save because of the ICSDA's membership benefits.

Now, let's say you become an instructor, does that mean your student membership is automatically become an Associate Member, or a Certified Instructor? No, you must submit the proper paperwork to prove your rank as an Instructor and pay a fee to move up your membership. Let see what the cost and benefits of an Associate Member or a Certified Instructor actually is:

### **Associate Member:**

Associate Membership is available for individuals who are not currently students or instructors in the association, but support the goals of the association. Associate members receive the following benefits.

### **Benefits of Membership:**

- The "Combatant" E-Zine
- Annual \$25.00 discount on any official ICSDA Training event.
- 15% discount on tuition for ICSDA endorsed events.
- Access to the ICSDA member only forum located at MartialWarrior.com
- Access to wholesale prices on training gear and equipment.

### **Cost of Membership:**

\$35.00 First Years membership

\$10.00 Annual Renewal, or

\$100.00 Lifetime Membership

### **Certified Instructor:**

Certified Instructor Membership is available for individuals who are deemed by the ICSDA staff to be legitimate and reputable instructors of an ICSDA recognized program in the fields of Combatives, Self Defense, Defensive Tactics or Combat Martial Arts. Certified instructor membership is granted specifically in the area of expertise. Being a Certified instructor in the ICSDA is meaningful. It is a designation we take very seriously. Being a certified instructor means that the ICSDA believes you are a qualified instructor teaching practical and realistic material whether it is Combatives, self defense, or martial arts. This Designation is available only to those individuals who have successfully completed one the official ICSDA Instructor Certification Programs or those willing to submit to a full evaluation by a grading panel either in person or via video. There are currently 5 levels of Instructorship. The only exception to this policy is for those instructors who are employed as trainers by a public law-enforcement or military agency. For example a staff instructor for the US Army or a trainer at the police academy. For more information on becoming a recognized instructor email [FDVargas0351@aol.com](mailto:FDVargas0351@aol.com) for details.

### **Benefits of Membership:**

- The "Combatant" E-Zine
- Access to the ICSDA member only forum located at MartialWarrior.com
- Access to wholesale prices on training gear and equipment.

- Free admission to One Official ICSDA Training Event a year.
- Promotion of your events on the ICSDA website and ICSDA Mailing List.

### **Cost of Membership:**

\$45.00 First Years membership

\$10.00 Annual Renewal or

\$200.00 Lifetime Membership

Now that's what I call a savings for just joining our family. Not only do you join free, get discounts on events and seminars, buy wholesale training gear and equipment, and get the Combatant E-Zine. When you become an instructor of the Malay Fighting Arts I will send ICSDA a copy of your certificate with a letter requesting the ICSDA to make you a lifetime Certified Instructor for free. Damn it's good to be in the MFA Family, where we take care of our own.

### **Bob Orlando:**

Well, it almost that time for me to pack my bags and head to Bob's house so he can teach me how to build a better business. I'll be there for about four days letting him help me with a business plan and mission statement. Plus, I'm looking forward to crashing around with Bob in his school. I will be taking pictures but I also want to respect him and his wife's privacy at the same time. I'll include them on next month's newsletter. I leave my house the morning of July 23, 2009 at 7AM and it should be a nine hour drive. I many bug some of you that I'm close to with stupid random pictures from my cell phone of my trip.

### **Malay Fighting Arts Distant Academy:**

As a lot of you may not be aware that my computer has quit on me, and I have been trying to get a new computer to edit our DVDs on. So this is only one thing in a long list of things that has been going wrong. We have to redo a couple of our DVD because of sound problems, so please be patient.

The MalayArts.net forum is the home of our actual Distant Academy. So what is the difference between Pukulan.net and MalayArts.net? Simple, in Pukulan.net you'll buy the DVDs you need for level you're studying at. However, MalayArts.net is for you to upload videos of yourself practicing techniques, Jurus, Langkahs, and so on for me to see how you're doing. Then I can download your video. I'll show you what you're doing in your own video clip, and then I'll have a clip of me correcting you, just download it and watch it. This is the way I can correct and make points throughout your Distant Training.

Not only can we up load videos of your training, I can also write out a post for you as well. The MFA Distant Academy Team is work on manuals with pictures of us doing drills, footwork, and so on. This way you'll have a hard copy of your training as well which I will up load to MalayArts.net. Our Room is marked Malay Fighting Arts Distant Academy at the bottom of the forum. Now, can you get any more hands on training without being here with me yourself? What

does this Private Password Protected feature cost? For right now, this room is free to all MFA students.

## **The New Faces of MFA:**



### **SPC Jason Dawson - US Army – Iraq**

Jason came across our web site for our distance academy and inquired about our system. He liked what he heard so much he joined up and is now practicing MFA in Iraq. Jason was very impressed how far we will go to ensure his success in our system and in his training.

Jason plans to be discharged from the US Army and attend KU. Along with attending college he plans to train at the MFA Academy in person. I'm sure we all wish him the best of luck in his martial arts journey and hope this American Hero returns home safe and sound very soon.

## **MFA Lineage:**

I have been asked many times over the years what was our lineage. I would tell them the lineage I know off the top of my head. People seemed to be happy with the lineage I told them however, I wasn't. I wanted a more in depth lineage show our direct lineage or DNA back to the home country of the arts we train in. Thanks to another good friend of our academy, Pendekar William Sanders. I got the lineage from his book and I still had questions about our lineage. Even though Pendekar Sanders and I have the same basic lineage, I split from his lineage into another direction. So I had to pick up the phone, and asked Pendekar Sanders where we split paths. After a few calls to Bill (Pendekar Sanders) I finally listed our actual Indonesian Silat Lineage.

As you will notice, we have some instructors that start in the middle of the lineage chart. This is because I can't verify whom that instructor trained with. This is why there is nothing above them. If you also notice that David Santiago (My first instructor) has nothing over him. Again, I couldn't verify whom he trained with. I even called his family and all I got was, "I think he trained with..." I told them I did want any "I thinks" on this lineage. They must be, "I know for a fact they trained with so and so". I would rather have a blank page for our lineage than incorrect information. I must thank Bill for all his help and for being a great friend and teacher.

Our lineage is attached a long with this newsletter. So if anyone asks you what our lineage is, show them this. I'm working on the lineage of our Filipino Martial Arts and I will include that lineage (Hopefully) in next month's newsletter.

## **THE END:**

Well, that all for this month. Next month I'll have even more to report about what's going on with the Malay Fighting Arts. I will have pictures to post, and story to tell. Thanks again to Pendekar William Sanders for all his help and permission for using his research to log our own lineage.

Selamat,  
Guru James Hogue