



# Malay Fighting Arts

## *Newsletter*

January - February, 2010

### **HAPPY NEW EVERYONE!!!**

I hope everyone had a very happy and safe New Year. I can't believe we are in the year 2010 already. MFA will be going through some changes and having some great seminars this year. I would like to thank everyone that is a part of our Academy, and those that help us on our mission to bring the best of the martial arts to you. I have set some New Year Resolution for this coming year. My first resolution was to give an updated look to the web site. Which is done, and I think this web site looks great.

The Distant Academy Section will be going thru some update which is my second resolution. Each rank will have its own password protect site which the only person that can access it will be the student that is going for the rank. It will have the place to by your DVD Box Set for that level, as well as, the manuals they will need. The Distant Academy on the Malayarts.net forum will still be there for me to post corrections on student's homework. I'm also looking at a web cam class real soon. This way all the students can join the class via web cam and we can work that way so you all have real time instruction with me and on the spot correction. I'm always looking to bring you the Malay Arts to you no matter where you are in this world.

My third resolution is to put out better quality DVDs. I have just spent a lot of money for very good equipment to help give a more professional look to our DVDs. I know some of the DVD wasn't as good as I hoped, but they will get better. I'm always looking for ways to bring you a better quality DVD without a high price. I just bought a digital camcorder with will give you a better picture. I have also bought some great lighting, sound equipment, and so on to help with my third resolution. So be on the lookout for some great DVDs being release this year. Plus, the DVDs we already have out, will be re-done because I want the best quality product that we can have on the market. As for my other resolutions, well, you'll just have to wait and see.

## MANO INSAYO – HAND DRILL DVD



For you that don't know, the Mano Insayo DVD is our best selling DVD. As of January, 2010 we sold our **100<sup>TH</sup>** DVD. So it's back to the studio for the MFA crew to re-shoot this DVD for a better quality looking DVD. We have high quality information on this DVD, now we need high quality production as well. We are also taping "Mano Insayo Vol. 2" for those who enjoyed our first Mano Insayo DVD. We will be selling the second DVD as a single DVD by its self. However, we will be putting the Mano Insayo Vol. 1 & 2 into a box set. You can either buy the DVD separate for \$29.95 or as a box set for \$45.00. This is a saving of \$14.90 for those that want to buy this DVD set. The title is "Mano Insayo Vol. 1 & 2 Box Set" and it's billed as our complete set of hand drills.

I have had some criticism over my statements in this DVD that I want to clear up. One, in the national language of the Philippines, the term Hubad means to get naked not to untie unless you're untying a robe to get naked. Lobad or Lobud isn't a word in the national language of the Philippines also. The term is spelled Lobid meaning rope and not to weave. I didn't say this to discredit any martial arts instructors. I only used this as an example to tell the people buying my DVD not to get hung up on the terms used in these arts.

However, I got the e-mails that told me that I was using the terms incorrectly. I told them that my DVD says it all, **SO ARE THEIR TERMS**. The "Hubad (Get Naked)" Drill is what I call my high hand drills, and "Lobad (No Such Term)" Drill is my low hand drills. Now I don't know if Hubad or Lobad mean something different Filipino Language, nor do I care. I'm not concerned, or hung up with the terms so I use them the way I see fit. I mean no disrespect to any instructors. I just do my own thing. My term means Mano Insayo (Hand Rehearsal) or the way it's put together can mean Hand Drill.

However, to the nice e-mails from people that asked native speakers. They were shocked to find out that I was correct. Now, I am open that if Hubad and lobad is another dialect of the Philippines. Please feel free to e-mail me, and let me know which one. Again, I meant no disrespect to anyone, and I use these terms as well, just like I show in my DVD. I was only showing my way of doing things, and terms as I use them. Please blame me, and not my teacher for what's in my DVD.

## PHILIPPINE SCHOOL OF MARTIAL ARTS CLOSED



I'm sorry to report that Tuhon Tony Marcial of the Philippine School of Martial Arts has closed his doors. Due to the economy, and low student attendance. Tuhon Tony was forced to close his school down. This is a big blow to me, because the school has been in operation since the mid 90's when I helped him open it. The school has taught hundreds of people the art of Kali which Tuhon Tony brought with his immigration to this country.



Tuhon Tony has told me that he will continue to teach his core students that wish to continue their training with him. As well as, take new students on a semi-private bases. So even though the school closed down, his instructing new people in his art is long from over. Good luck Tuhon, I hope everything works out for you.

**God Bless You and Your family.**

## **MALAY FIGHTING ARTS FORUM'S NEW LOOK**

The MFA Forum has come a long way from when it started. The forum was only had a few core people on to a few hundred people. The forum was nice but it came time for upgrades and then we had a better home to for our forum. It was time for a new upgrade, and we got it. The forum was getting hit by a few hundred spammers a day, every day. The forum needed new anti-spam software. You knew our forum before, but look at us now. Let's talk about our new features and how it will benefit you.

### **Mini Profile Popup:**

Whoever you see on your board (which is just about everywhere a member name appears), it can be clicked for a handy mini-profile popup. Send a PM, check reputation or find posts - without needing to leave the current page.

### **Personal Picture & Avatar:**

Members can upload a personal photo to represent themselves throughout the community, as well as an avatar image to represent their posts. Expand the choice of default avatars by installing additional avatar packs.

### **MFA Mobile:**

If users access MFA Mobile with a Smartphone or other mobile device, they'll see a lofi version of MFA Mobile that's slimmed down and designed especially for small screens.

### **Custom Profile Fields:**

You can create additional profile fields that members can fill out to tell others a bit more about themselves. These profile fields may also be set to hidden, so that only administrators and moderators can see them, as well as configured to show on the registration form.

### **Profile Comments:**

Allow users to leave comments on the profile pages of other users for all to see - naturally, moderators and the profile owner both have full control over content posted, or can disable comments completely if they prefer.

### **Activity Overview:**

The profile page shows an overview of everything that user has done in your community, including recent topics, posts, blog entries and more.

### **Report Center:**

Members can report topics, posts, private messages and more, should they find them offensive. Reports are gathered in a central location to enable moderators to review them, and easily resolve them.

**Reputation:**

Users can rate posts up or down, earning the author of that post reputation points. Users can earn badges and titles for having a good reputation, encouraging high quality posts across the board.

**Personal Conversations:**

Personal conversations allow members to send messages directly to other members, out of public view, in a topic format. Other members can be invited to existing conversations - or remove themselves, if they so desire.

**Calendar:**

Board features a full calendar application, enabling members to post events for others to see. In addition, for members who specify their birthday, birthdays will be highlighted on the main calendar.

**Friends & Ignored Users:**

Members can add each other as mutual friends, enabling quick communication and being highlighted in each others' profile. And, for those situations where problems arise, members can choose to hide all content from particular users by adding them to their ignored list.

**ReCaptcha Built In:**

Board features industry-leading ReCaptcha technology to prevent automated bots from registering on your forum. This 3rd party service is automatically updated on the fly for constant up-to-date protection.

**Privacy Controls:**

Board allows users to sign in anonymously, hiding them from the online users list. Users also have the option to disable personal conversations and user-to-user emails, as well as ignore other users if necessary.

**MFA Chat:**

This is to inform you of a new feature on our forum. It's called the "Chat" feature. This is a real-time chat room feature that allows member to member chats so you and another member can collaborate online in an environment you're already comfortable with, with users you already know. This is limited to only 20 members for right now to see if you the member enjoy this feature.

### **Locate an Instructor:**

Instructors go to this room, and you'll see a map. Click the State your school is in and post a thread talking about your school, where it's located, and how to reach you. This way a new student can find you with only a couple of clicks.

### **OpenID & Facebook Connect:**

You can register with your facebook or OpenID account. This will be quicker, and easier to sign up to be a member. MFA Forum can connect to your Facebook account and update your status, profile pic, and more using your Facebook account.

All of this plus more behind the scene controls that give you a better online experience. I hope you enjoy our new forum upgrades. I'll see you on the forum, but if you're not a member just go to [www.malayarts.net](http://www.malayarts.net) and join using your facebook.



## **MFA Seminar & Events**

This is a new year and we will be scheduling seminars and event for later this year due to work, and family commitments. My first plan event will be in July for Law-Enforcement and Military Personnel. I'll be teaching our Close Quarter Combat class which will deal with,

### **Fighting from the Clinch:**

- Footwork, Strikes, & Stun Strikes
- Takedowns into Locking into Handcuffing
- Fighting from the kneeling and prone position.
- Knife Defense
- Gun Disarms and Counter Disarms
- Team Arrest Techniques, and much more...

For this event Officers will be required to show up have duty belt and gear (No Firearm or live ammo), vest, training clothes, and a winning attitude. I will be talking more about this event when we get closer to July. Until that time, it's to the gym and train hard.

## **Willy Wetzel was My Teacher**

That right, I meet a 2<sup>nd</sup> River (Willy Being the 1<sup>st</sup> River) student that trained with Willy back in the mid 60's. I will be interviewing him, and placing it on the forum as well as, writing article in the newsletter. He will be showing me old photos from back in the day, telling me stories about his time training with Willy. I'll be learning what Willy taught him, and scanning these photos and documents so you all can see them. It's no secret that I trained in Poekoelan with one of Willy's Students, and now I get the chance to train with another one of Willy's students. This is a real treat for me, and I can't wait until that day comes.

However, the bad ass fighter in the 60's can now bless you in 2010. That's because he is a Catholic Bishop now. Who would have thought that a man of the cloth would have this knowledge? He has a lot of great Poekoelan History that he wants to share so the future Poekoelan students can benefit from, and know the history of their system. Right now, everything is going to be hush hush until I post the scan documents and the videotaped interview with this Poekoelan Player.

### **Guru Jim Conclusion:**

We have a lot of good things cooking for 2010, and I'll be telling you more about that as this year passes. I will be headed back to Cleveland, Ohio to see friends and family as I always do. While there I want to get together with my distant students for a little one on one training to see how there progressing. If any student can make it to Cleveland, Ohio on March 21<sup>ST</sup> and/or 22<sup>ND</sup> please e-mail me so we can set up a time for class. Well, I'll be seeing you in two months to let you know what we are up to.

**Take Care and God Bless,  
Guru James Hogue**